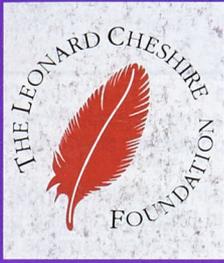


JANUARY 1993



CESHIRE

# Smile

MAGAZINE OF THE LEONARD CHESHIRE HOMES AROUND THE WORLD



## READERS – PLEASE NOTE

Cheshire Smile is a quarterly magazine appearing on or about the 1st January, April, July and October. It is produced and sent to you free of charge because The Cheshire Foundation wants as many people as possible to understand and support all the different facets of its work for disabled people, both in the UK and overseas. To those who have already voluntarily sent donations towards the cost of the magazine, we send a sincere and heartfelt 'Thank you'. To those who have not yet done so, we renew our appeal.

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### FRONT COVER –

Inside the great Cathedral during the Mass for our Founder (See report on page 8).

Cheshire Smile is published by The Leonard Cheshire Foundation, the world's leading organisation offering residential care to severely physically disabled men and women.

It runs 84 Cheshire Homes in the United Kingdom, and 33 Family Support Services in England offering part-time care to handicapped people and their families living in their own homes.

Overseas there are 183 Cheshire Homes in 49 countries.

Contributions intended for a specified issue may be accepted provided that space is available. Such material must reach the Editor's office at least TEN WEEKS preceding the publication date of the issue.

The right is reserved to reject, shorten or clarify any material submitted at the discretion of the Editor whose decision is final, and no correspondence can be entered into concerning it.

Opinions expressed in articles do not necessarily reflect the official view of The Leonard Cheshire Foundation.

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## *Still The Candle Burns*

David Prowse of St Teresa's Cheshire Home, in Long Rock, Penzance, Cornwall, the second Home to be established by Leonard Cheshire, wrote this moving poem when he heard of the Founder's death.

Sorrow's shadows cloud the moon,  
The world abruptly turns,  
The man who lit the flame has gone  
But still the candle burns.

It flickers once, to mark the hour  
But ere it dims from sight,  
A thousand other willing lungs  
Breathe life upon the light.

The torch is passed from hand to hand,  
At once the numbers grow,  
Of every colour, race and creed  
In ceaseless, tidal flow.

Each one with love and care to give  
Among the sick and lame,  
Confirming honoured pledges made  
In Leonard Cheshire's name.

We'll say our prayers, we'll shed our tears,  
Respectful heads will bow.  
But none could fail his faith in life  
And none shall fail him now.

His task is ours in constant trust  
and constancy confirms  
The man who lit the flame has gone  
But still the candle burns.

# Creative Skills of Our Residents

## Make Big Contribution to Cheshire Awareness Year

The Creative Activity Contest held at The Podium, Vauxhall, London on Saturday, October 17th, made an enormous contribution to the Foundation Awareness Year when 49 UK and 29 Overseas Homes displayed the remarkable artistic and dexterous skills of severely disabled Residents.

Organised by the Hon. Maggie van Koetsveld, a Foundation Trustee, 599 entries included pictures, drawings, handicrafts of all kinds, photography, prose, poetry, computer and video work.

Double first, first and second class Diploma winning entries were put on display to the public at the Birmingham Symphony Hall on Thursday, December 3rd, when an International Concert to celebrate the life and work of Leonard Cheshire was held – a further opportunity for the public to see and marvel at the high quality of work achieved.

At the prize-giving, Sir Christopher Foxley-Norris, Chairman Emeritus, said that the Contest provided a vital link between Homes throughout the world – a link that would not be broken. It would do much to make people aware of the skills of Residents and the work of the Foundation.

'The impetus of Awareness must not end with this year', he said. 'It must continue as a Marathon Race – not just a short sprint'.

### The Judges were as follows:

Artwork and Paintings: Sir Roger de Grey, President of the Royal Academy of Art;

Handicrafts: Berenice Luetchford and Veronica Thane-

**The United Kingdom results were as follows: (See p. 21 for International Results).**

### First Class Diplomas – United Kingdom

('D1' indicates a double first for an outstanding entry)

Agate House (Bedfordshire)	Ronald King	Tapestry
	Jeffrey Osbourne	Tapestry
Arnold House (Middlesex)	Jill Hartwell	Knitted toy
	George Cherney	Photograph
Athol House (London)	Ann Ransom	Computer picture
D1	Peter Calvert	Miniature garden
Beechwood (W. Yorkshire)	D1 George Brooks	Miniature garden
Carnsalloch (Dumfries)	Isobel Irving	Tapestry stool
	Raymond Brackley	Tapestry stool
	Betty Kinghorn	Painting
	Isobel Williamson	Painting

Pickering, both Senior Tutors in Handicrafts for disabled people;

Prose: Sir Anthony Harris, script writer, and Rosemary Harris, author of children's books;

Photography: Warren Potter, well-known professional photographer;

Poetry: Bel Mooney, novelist, broadcaster and journalist;

Computer and Video: Francis Coleman, Director of London Film School, with specialist knowledge of computer and video work.

### Trophy Winners

The UK Homes Cup for the Home gaining the greatest number of overall points was awarded to Heatherley Cheshire Home, Crawley, Sussex.

The Van Koetsveld Cup, a personal choice of the donor, went to Susie Skinner of Heatherley for her magnificent model of two Pearlie Costers with their fruit barrow, which took her one year to make.

The Roger de Grey Shield for Painting went to Betty Kinghorn of Carnsalloch Cheshire Home, Scotland.

The Salver for the UK Resident gaining the greatest number of overall points for entries went to Hugh Jolly of Dan-y-Bryn Cheshire Home, Cardiff.

The Phyllis Young Cup for Courageous Endeavour was jointly awarded to Derick Champion of Seven Springs Cheshire Home, Tunbridge Wells, Kent, and Gwen Garrett of Three Forests Cheshire Home, Chigwell, Essex.

Chipstead Lake (Kent)	D1 D1	Christine Simpson Jean Harrison David Cook Pamela Gould Ian Shorter Ivy Kennard Gary Eastley Susan Leeke Phyllis Pocock	Bedspread Sweets Pottery house Dried flower picture Carved horse Cake decoration Photography Painting Crochet vase
Coomb (Dyfed)		Henry Jolly	Photography
Danybryn (S. Glamorgan)		Evelyn Miller Liza Jack Shirley Ostell	Photography Poem Collage
Edinburgh		Julie Dean Janet Fazakerley Julie Dean	Wrapping paper Cushion Painting
Freshfields (Merseyside)		Eric Whitehead Maureen Winslow Ronald Spinks	Pottery cheese dish Pottery pig Wood work
Greathouse (Wiltshire)		Brenda Andrews	Cushion
Green Gables (Derbyshire)		Arthur Downes Chris Page Doreen Tabbitt	Straw work Photography Photography
Greenhill House (Avon)		D1 Linda Benham D1 Susie Skinner	Wrapping paper & box Pearlie King/Queen with stall
The Grove (Norfolk)		D1 Mavis Warner Shawn Holt Janet Peters Karen Christie Mary Fielder Sue Scott Fiona Oakley Kathy Swain	Sleeping bag Computer cards Table decoration & box Collage Knitted pram set Selection of cards Sweets in box Child's zoo
Heatherley (W. Sussex)	D1 D1	Colin Bishop Leggatt	Painting
Hertfordshire		Penelope Tinn Penelope Tinn David Harrison	Birthday card Wrapping paper Photograph
Holehird (Cumbria)		Geoffrey Annett June Clarke Joe Eyre	Woven bag Knitted doll Photography
Holme Lodge (Nottingham)		Ann Hunt John Courtnade Adrian Robinson Doreen Wilkinson Betty Ball Polly Lawford	Group screen printing Group screen printing Group screen printing Group screen printing Group screen printing Group screen printing
Honresfeld (Lancashire)		Phyllis Young Phyllis Young Phyllis Young	Knitted cardigan Dressed doll Miniature garden
Hovenden (Lincolnshire)		Mary Brand	Dressed doll
Hydon Hill (Surrey)		D1 Edna Goodrick Jean Taylor Jean Taylor Jeanette Hadler Brian Miles Ossie Clark	Christening shawl Ceramic figure Prose – letter Ceramic tree Rocking horse Ceramic owl clock

Newlands House (Derbyshire)	Dawn Crosby John Wileman Jane Adlam	Bookmark Computer picture Painting
Roecliffe Manor (Leicestershire)	Alan Asher	Pyrography
Saltways (Worcestershire)	Lilleith Whiteley	Embroidered scroll
Seven Springs (Kent)	Susan Moore Susan Moore D1 Martin Barber Martin Barber Diane Gray Diane Gray Edward Williams Gwen Moss Kathleen Jarvis	Cushion Dressed doll Wooden collage Wallhanging Table decoration Knitted toy Pyrography Prose – blossoms Embroidered picture
Spofforth Hall (N. Yorkshire)	Elsie Bartle Mary Marris	Stuffed toy Victorian box
Stonecroft (S. Humberside)	D1 Janet Sowerby Janet Sowerby	Stuffed toy Table decoration
St Anthony's (Staffordshire)	D1 Carol Morris	Wrapping paper
St Bridget's (W. Sussex)	D1 Anne Pink D1 Maureen Potticary D1 Patricia Birch Audrey Baker Audrey Baker Norman Wright	Work basket Dressed doll Heart pin cushion Mohair jumper Sweets Long stitch picture
St Michael's (Somerset)	Jennifer Sell	Computer birthday card

### Second Class Diplomas – United Kingdom

Agate House (Bedfordshire)	Leslie Mays Peter Parnwell Siamak Afshar Hemlata Prasad	Woodwork Tray Painting Felt picture
Arnold House (Middlesex)	Jill Hartwell Jill Hartwell	Knitted toy Miniature garden
Cann House (Devon)	Patrick McGloghlan	Wrapping paper
Carnsalloch (Dumfries)	Art Class Isobel Williamson Jenny Brown Dorothy McKenzie Jan Clark John Robertson	Table decoration Wrapping paper Birthday card Table decoration Wrapping paper Tray
Chipstead Lake (Kent)	Stuart Godwin Susan Leeke Kay Boyden Janet Bonner Janet Bonner Eilleen Juniper Sandy Shorter Sarah Evamy Christine Simpson Stuart Godwin	Vase Birthday card Collage Hobby horse Two paintings Pottery Tapestry Prose Prose Prose
Coomb (Dyfed)	Phyllis Pocock	Teddy Bear
Danybryn (S. Glamorgan)	Brian Tiley Nansi Wyatt Margaret Jenkins Henry Jolly	Home made wine & box Knitted toy Papier mâché bowl Three photographs
Edinburgh	Elizabeth Cockburn Isa Stevenson Elizabeth Cockburn Liza Jack	Miniature garden Miniature garden Button collage Poem
Eithinog (Clwyd)	John Arnold Jones Elizabeth Robinson	Basket Teddy mobile
Freshfields (Merseyside)	Veronica Simmonite Simon Walsh Jack Leyland Jack Leyland Lynn Farquar	Papier mâché container Gift box Papier mâché bowl Painting Wrapping paper

Freshfields (Merseyside)	Les Payton Bob Taylor Ron Cunningham Jenny Ford	Pottery Wrapping paper Painting Birthday card Tapestry
The Grange (Dorset)	Gillian Brown	Tapestry
Greathouse (Wiltshire)	June Sedwell June Sedwell Mary Jefferiss Tim Clarke Tim Hope Trevor Bailey Susan Korsak Jim Elms Pat Eteen Nancy Johnson	Pottery Wrapping paper Wrapping paper Wrapping paper Wrapping paper Wrapping paper Miniature garden Miniature garden
Green Gables (Derbyshire)	Belynda Smith Robert May	Birthday card Birthday card
Greenhill House (Avon)	Dawn Clipson Geoff Baker Residents	Painting Painting Album
The Grove (Norfolk)	Brenda Kleinau Peggy Elvin Maurice Symonds	Basket Tray Photographs
Heatherley (W. Sussex)	Roy Weekes Karen Christie Linda Benham Sue Scott Freda Alexander Peter Argenté Sonja Schiffke Dora Hall Kathy Swain Residents	Poem Gift box Birthday card Pottery Birthday card Copperwork Birthday card Birthday card Gift box Group collage
Hertfordshire	Sylvia Emmerson	Woven scarf
Holehird (Cumbria)	Dorothea Wareing	Table decoration
Holme Lodge (Nottingham)	William Cullock David Harrison	Computer card Three photographs
Honresfeld (Lancashire)	Shaheen Mohammed Ruth Hogan Steven John Roskill June Clarke Michael Keeping Jean Potter Shirley Pimlott	Handbag Quill pen Copperwork Lace bookmark Tablecloth Jewellery box Wheelchair bag
Hovenden (Lincolnshire)	Peggy Marriott Peggy Marriott Peggy Marriott Peggy Marriott Pam Pawson	Cushion Embroidered picture Felt picture Sweets Photographs
John Masfield (Oxfordshire)	Dot Surrage	Collage
Kenmore (W. Yorkshire)	Audrey Johnston	Tribute essay
Le Court (Hampshire)	Phyllis Young Phyllis Young	Birthday card Collage
Sheffield (S. Yorkshire)	Albert Johnson Robert Willison Diana Joel	Tapestry Child's chair Child's dress
Mote House (Kent)	Jean Taylor Jeanette Hadler Reg Knight Edna Goodrick Linda McGuiness R. Gibson	Birthday card Box cover Wheelbarrow Lace horseshoe Ceramic clock Box cover
Newlands House (Derbyshire)	Robert Ensor Ken Jayes Ken Jayes Dennis Curry Jane Adlam	Cheeseboard Bookmark Painting Sweets Poem
North Devon F.S.S.	Sophia Poole	Prose
Seven Springs (Kent)	Edward Williams Roger Pedrick	Collage Painting



Three Forests (Essex)	Gwen Garrett Keith Godlonton Dibby Singh Janis Hambling	Knitted tea cosy Computer card Computer card Prose
Torbay F.S.S. (Devon)	Helen Wilson	Birthday card

### Certificate of Merit – United Kingdom

Arnold House (Middlesex)	John Gough Robert Moore George Cherney	Sweets Pottery Painting
Beechwood (W. Yorkshire)	Leslie Pickles June France Angela Black Ivy Atkin	Miniature garden Table decoration Cake decoration Cake decoration
Carmsalloch (Dumfries)	Robert Miller Margaret Murray John Ferguson Betty Kinghorn	Wrapping paper Wrapping paper Purse Birthday card
Coomb (Dyfed)	Phyllis Pocock Phyllis Pocock	Two paintings Wrapping paper
Danybryn (S. Glamorgan)	Muriel Marsden Gillian Nippers Henry Jolly Brian Tiley Carmella Lia	Birthday card Knitted toy Pottery Pottery Papier mâché bowl
Edinburgh	Liza Jack	Two poems
Eithinog (Clwyd)	Elizabeth Robinson Chris Elliott Angela Darch Keith Davies	Dressed doll Birthday card Baskets Embroidery
Freshfields (Merseyside)	Janet Fazakerley Janet Fazakerley Colin Anderson Colin Anderson Wynne Moncrief Wynne Moncrief Wynne Moncrief Marie Ainsworth June Jones Julie Dean Simon Walsh	Jewellery and box Sweets Papier mâché tray Sweets Table decoration Gift box Wrapping paper Table decoration Sweets Pottery Pottery
The Grange (Dorset)	Gladys Patterson	Painting
Greathouse (Wiltshire)	Nancy Johnson Arthur Webb Arthur Webb David Vaughan Dora Brett Ruth Amesbury Pat Eteen Mary Evans Mary Evans Mary Jefferiss David Clements David Bradford Dorothy Edwards Dorothy Edwards Trevor Bailey Jane Mountford	Pottery Pottery Birthday card Pottery Embroidery Birthday card Birthday card Birthday card Wrapping paper Miniature garden Miniature garden Miniature garden Table decoration Poem Birthday card Birthday card
Green Gables (Derbyshire)	Pauline Spinks Pauline Spinks Pauline Spinks Martin Cotterill Naomi Pearce Martin Cotterill	Table decoration Poem Birthday card Poem Birthday card Birthday card

Greenhill House (Avon)	Brenda Andrews Brenda Andrews Dawn Clipson	Wrapping paper Thank you card Birthday card
The Grove (Norfolk)	Fred Kett Janet Baird John Byles Clare Reeves	Basketry Mosaic dish Window decoration Sweets
Heatherley (W. Sussex)	Janet Peters Mary Fielder Linda Benham Peter Lagenté	Fantasy flower Gift box Pottery Gift box
Hertfordshire	Mary Flack Mary Hayes Kim Brooks	Birthday card Collage Collage
Holehird (Cumbria)	Penelope Tinn	Painting
Hovenden (Lincolnshire)	Olive Holland Pat Hensby Pam Pawson John Bingham	Birthday card Two birthday cards Sweets Sweets
John Masefield (Oxfordshire)	Pat Sale	Poem
Matfen Hall (Tyneside)	Archie Sanderson	Poem
Sheffield (S. Yorkshire)	Dorothy Ross Louisa Rowley Ida Arnold Ida Arnold	Embroidery Embroidery Jewellery Birthday card
Newlands (Derbyshire)	Ken Jayes Ken Jayes Dawn Crosby Dawn Crosby Dawn Crosby Julie Taylor David Passway Dennis Curry Julie Taylor Jane Adlam Jane Adlam John Wileman Albert Holmes	Collage Cake decoration Silk picture Prose Cake decoration Cake decoration Cake decoration Cake decoration Painting Prose Poem Prose Prose
Saltways (Worcestershire)	Ron Howard	Cake decoration
The Hill (Cheshire)	Michael Browning Elizabeth Black Margot Thorpe	Painting Painting Painting
Seven Springs (Kent)	Fiona Mackechnie	Sweets
Stoncroft (S. Humberside)	Jeff Sanderson	Poem
St Anthony's (Staffordshire)	Kristine Rowley Trevor Taylor Frank Candlin Doreen Dyer Peter Goodridge	Two wrapping papers Painting Painting Three wrapping papers Painting
St Bridget's (W. Sussex)	Bridget Edwards Bridget Edwards Audrey Baker	Velvet painting Sweets Tablecloth
St Cecilia's (Kent)	Rose May Horton Vivienne Matthews Joyce Cooper	Pottery Pottery Painting
St Michael's (Somerset)	Marguerite Baguley	Picture frame
Three Forests (Essex)	George Barker	Teapot stand



◀ Susie Skinner of Heatherley Cheshire Home with her superb model of two Pearlie Costers and their fruit barrow. She took one year to make it.

▶ Martin Barber of Seven Springs, Tunbridge Wells, with his prize winning wooden collage. Standing, Ted Williams, Day Attender who did the lettering.



## UK Prize Winners



A winning collage by Karen Christie of Heatherley.



Heatherley's winning team. Front row, left to right: Shawn Holt, Mavis Warner, Sue Scott, Janet Peters, Susie Skinner, Fiona Oakley, Linda Benham, Karen Christie, Kathy Swain. Standing, left to right: Beryl Leader (Activities Organiser); Volunteers Hugh McConnell, John Clare, June Maylam, Ruth King; Karen Russell (Care staff); Volunteers Rosemary Wraight, Angela Inwood, Brian London.



The Queen talking with Gigi Cheshire, The late Founder's daughter. At right, Foundation Chairman Sir Geoffrey Howlett.

## Royal Occasion A Highlight of Awareness Year

The Queen's attendance at a Royal Reception in historic St James's Palace, on Wednesday, October 14th, was a highlight of the numerous events organised by the Foundation in Awareness Year, and a glittering occasion.

Over four hundred guests filled the Throne Room, the Entrée Room, the Queen Anne Room, the Council Chamber and the splendid Picture Gallery. They included major donors and distinguished friends, but the largest contingent were Residents, Staff, Clients and grass roots Volunteers from 84 Cheshire Homes in the United Kingdom and 37 Family Support Services in England.

The Queen, looking charming in a turquoise dress flecked with silver, toured the State Rooms with Chairman General Sir Geoffrey Howlett, and Director General James Stanford, meeting and talking at length with the late Founder's widow, Baroness Ryder of Warsaw, and their daughter Elizabeth (Gigi), as well as with many other representatives of Homes and FSS's, both disabled and able-bodied.

She was relaxed and informal, displaying great interest in and knowledge of the Foundation's work, both here and overseas.

# A Celebration of the Life of Leonard Cheshire, V.C.



Lady Ryder, wearing medals of honour, pictured after the Mass. (picture courtesy of The Daily Telegraph)

## Like Mother Teresa

Cardinal Basil Hume, Archbishop of Westminster, compared Leonard Cheshire with Mother Teresa of Calcutta because of their complete devotion to God, when he addressed a vast congregation at the Thanksgiving Mass for his life in Westminster Cathedral on Friday, September 25th.

## From All Walks of Life

Over 1700 people, both eminent and humble, from all walks of life, attended the inspiring service. Among those present were representatives of the Queen, the Queen Mother, the Prince and Princess of Wales, the Duke of York, Prince Edward, the Princess Royal and Princess Margaret. Sir Angus Ogilvy, husband of Princess Alexandra, and Lord Callaghan, former Labour Prime Minister, were also present, as were George Cross Resistance heroine Odette Hallows, Sir Harry Secombe, comedian, Lord Longford, Major General Virendra Singh (India), Mr Justice Allagoa (Nigeria), Mr Stanley Lai (Singapore) and Mr Rajiv Bhandari. The Prime Minister, John Major, was represented by Richard Ryder M.P., and ten Air Marshals attended from the Royal Air Force.

## A Man that was 'Different'

In his Homily, Cardinal Hume recalled when Leonard Cheshire had given an address in the Cathedral. 'He spoke without notes, and it was clear, distinct and fluent', he said. 'But that was not the point. He was different. It was the man rather than the message that was so striking. We were privileged to glimpse for a moment what it was that made his spirit live.' Leonard Cheshire, he said, had allowed God into his mind and this had transformed him. He had said yes to God totally and radically. 'It would have been untrue to his wishes if I did not mention that prayer was an essential part of his life and the inspiration for his ceaseless activity to help those most in need.' A glimpse of God gave him the intense desire to serve others, and each and every Cheshire Home was a lasting tribute to his memory. Long might that great work continue and get the support it so richly deserved.

He spoke of the Founder's unbelievable bravery in war and peace, and of his gentleness. He had touched and helped thousands in his life. Everyone was his neighbour, whether rich or poor, self-reliant or dependent.

## An Inspiring Mass

Two Founder Members of 617 Dambusters Squadron commanded by Leonard Cheshire headed the procession, carrying on two cushions the insignia of the Victoria Cross, Order of Merit, Distinguished Service Order and Distinguished Flying Cross. They were David Shannon, a former Squadron Leader, now aged 70, and John Bryden, a former NCO engineer with the 617 Squadron's ground crew.

Readings were from Wisdom Ch.5, v.16-17, by Christopher Cheshire, brother, and St Paul's 1st Letter to the Corinthians Ch.13 v.1-3, by Stephen Ryder, brother-in-law.

Baroness Ryder, the Founder's widow, read a prayer they had composed together in 1958 entitled 'Unto Death'. The Prayer of Ignatius was read by General Sir Geoffrey Howlett, Foundation Chairman.

The magnificent organ played excerpts from Handel's Water Music, Bach's Jesu Joy of Man's Desiring and Chopin's Sonata No.1 Op.35 during the Mass.

## Prayer of the Faithful

Monsignor Patrick O'Donoghue offered the following prayer: 'For our brother Leonard who proclaimed the Good News of Jesus Christ and served the needs of the poor, that he may be welcomed into the sanctuary of heaven.'

Ecumenical Services of Thanksgiving for the Founder's life were also held on September 25th by Cheshire Homes throughout the UK and 49 countries overseas, and a number of Residents from Cheshire Homes attended the Service in the Cathedral.



*Lord Callaghan, former Labour Prime Minister, arriving for the Mass.*



*Father Kevin Doheny, Cheshire Liaison Officer in Africa, outside the Cathedral.*



*Sir Angus Ogilvy, husband of Princess Alexandra, arriving.*



*David Puttnam, Film Director, arriving. At left, Sir Peter Ramsbotham, Foundation Trustee.*



*Waiting in the rain to go in.*

# Living with Purpose and Fulfilment at Bell's Piece

by Kay Christiansen

*Bell's Piece in Farnham, Surrey, is one of seven small, homely establishments for men and women with learning disabilities, all run by The Cheshire Foundation on similar lines.*

*The Foundation's work in this field is not large but has been regularly and publicly praised by Virginia Bottomley, Secretary of State for Health. However, because Bell's Piece is in her constituency, and she has visited on several occasions, she often names it as a model for others to follow.*

*In this issue Cheshire Smile turns the spotlight on to Bell's Piece:*

Turn up a narrow road by The Six Bells pub, skirted by fields, and you come to a substantial residential house, fronted by lawns, on which lounges an old and friendly dog who answers to the name Sadie. Geoff Wallis, the Head of Home since 1982, opens the door and I am into a real home with no trace of the feel of an institution.

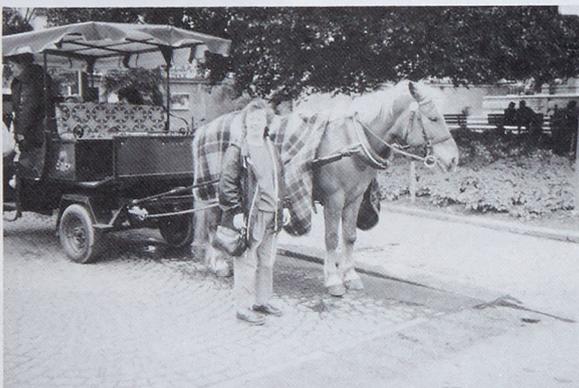
In the pleasant sitting room, with furnishings chosen by the Residents, I shake hands with Wendy Matravers, who moved in ten years ago. She explains that she is waiting for a volunteer to take her to her voluntary job, helping in an old people's home. 'But the driver's late', she said, 'She was supposed to be here at 9.30. I've had to phone her up'. Geoff suggests she keeps an eye on the window for the car. She does, and shortly after departs hastily.

## A Normal and Dignified Life

Geoff explains how Bell's Piece operates. 'What we aim to do here is to provide normal opportunities, within the person's capabilities, and to accord all our Residents the dignity and respect that is due to any human being.



*Geoffrey Fitzpatrick, tenant of Bell's Piece independence flat, goes shopping.*



*Bell's Piece on holiday in Kitzbuhel. Resident Pamela Slorick makes friends with a horse.*



*A relaxed evening on holiday in Austria.*

'There are no written rules, and we try to avoid routines if we feel it interferes with the quality of life', he said, adding that there was nothing wrong with a bit of routine to oil the wheels, providing it did not stultify spontaneity.

'At one time when we had staff problems, we'd fallen into the habit of bed at about 10 p.m. One Resident got quite fixated on this routine and was looking at the clock at 9.45, ready to take off to the second! I suggested that she didn't need to go to bed on the dot, unless she really wanted to. The next night she waited till 10 and said "Oh, I think I'll stay up a bit longer tonight." It was good to see her make that decision for herself.'

Geoff says he and the staff try to consider how each person might have developed if they had not been born with a learning disability, and to work in that direction. It was important to take into account the style of the family that each belonged to. For example, one or two Residents were immaculate in their dress because that was a family characteristic, while others, naturally, might look a bit scruffy for the same reason. 'Living away from their own homes inevitably means a big change, though there are still close contacts maintained. But I do warn relations that they will see a great difference in their sons and daughters as they develop here.'

There is a staff of five, and each Resident is assigned a key worker. The Home has a system of assessment, and goals of achievement to strive for, but this is always worked out and agreed in detail with the Resident.

### A Self-Governing Body

There is a Residents' Committee, too, headed by Susan 'Barbie' Upton, who is blind, but extremely articulate and positive in her outlook. It has regular fortnightly meetings, and Geoff thinks that sometimes it does not make enough decisions for itself. However, when it does, the resolutions are implemented, unless they are absolutely impractical, in which case the reasons are clearly explained.

### Wonderful Holidays

Holidays are enormously popular, and once the Residents decided they wanted to go to Blackpool. 'My heart sank', said Geoff with a grin. 'I hate Blackpool, but they had made the decision, so to Blackpool we went and it was a terrific success.'

Although he would prefer very small group holidays, the Residents all like to go together, and countries they have visited include France and Austria, where a great time was had by all twelve.

'We go in a coach but we don't all sit together, but

mingle naturally with other passengers. Likewise, in the hotel, we are individual guests like any other people', Geoff said.

### Public Reactions

How was the reception from the general public? Improving attitudes was a long process, he felt, but their experience on the whole had been good. 'People talk to our group, and occasionally in the hotel they will be joined for a drink at the bar. One fellow traveller was so impressed he wanted our address to send a donation to us, and we later got a cheque for £100. Behaviour is seldom a problem. Our Residents often compare most favourably with the way other people conduct themselves, I can assure you', says Geoff. 'In any case they are aware that if they wish to be respected then they must earn that respect, and they do.'

### Working Activities

Most Residents are involved in voluntary jobs, or work in the Home's greenhouses, pricking out seedlings, and planting, as well as helping in the small horticultural shop,

or at the market stall where plants are sold each week.

One, however, has a paid job filling shelves at a local supermarket, and another delivers free newspapers in the area each day. All Residents participate in the efficient running of the Home, cleaning, doing their own washing, and taking it in turns to cook the evening meal. Menus are decided by agreement, and staff, aided by Residents, do the shopping. **Barbie** is a particularly enthusiastic cook, and one of her hobbies is collecting recipes. 'Key workers keep an eye on the food, and sometimes we have to vary the agreed menus slightly to make certain that the meals are properly balanced, but the standard of cooking is good', Geoff told me. 'I was a bit doubtful of the Liver Stroganoff choice the other day, but it turned out to be delicious!'

### Encouraging Independence

Recently the upper floor of the Home has been turned into an independence flat where two Residents have their own bed-sitters with kitchen and bathroom, and

cope on their own, with help and advice on hand when required from **Brenda Wallis**, Geoff's wife, who is the Support Worker for them and for the occupants of two other small flats and a house in the area which have been converted.

### Individuals Before Everything Else

To the outsider, Bell's Piece Residents appear not only friendly, polite and welcoming, but delightfully confident, articulate and self-possessed. Geoff Wallis says that one particular Resident, who is a great friend of his, cannot read or write. 'But go on a walk with her and you find someone who has a remarkable understanding and appreciation of the world around her. She is so observant of birds, flowers, trees, that it is a real adventure being with her. It is never the degree of disability we are obsessed with, but the individual and the quality of life we try to help them to achieve.'

## Gordon's Enterprising Fund-Raising Quiz



Gordon Cull selling his quizzes at Newlands Fete.

What do Bristol, Hong Kong and a North Sea oil rig all have in common? Answer: They all received a quiz from **Gordon W. Cull**, a Resident of Newlands House Cheshire Home, Netherseal.

In spite of being severely restricted in movement, Gordon began to learn how to use a computer with the aid of a mouthstick. As a therapeutic exercise he decided to compile a trivia quiz. As the ideas developed Gordon soon realised that the quiz could make money for Newlands House. He originally thought that he might be able to sell 200 copies, but if 200, why

not 500? So the project changed from being a therapeutic exercise to being a business venture.

### Some Easy – Some Not!

He decided to include about 300 general knowledge questions and divide them into 15 different categories; some easy questions, some not so easy, but none were obscure! These ranged from: *What do Glenda Jackson and a chimpanzee have in common?* to: *What are three allotropes of carbon?* Of course all these questions and answers came from Gordon's memory.

### Prize Money

Gordon was surprised and pleased to find that he had no difficulty in selling the quizzes. This did, however, raise many practical problems. Compiling, photocopying, collating, distributing and marking required many helping hands, and Gordon organised a stream of volunteers. In addition to this, Gordon arranged the finances himself. He decided on prize money of £100, and by pitching the cost at £1.10, the quiz raised £500 net profit. Gordon decided that this money should be used to construct a tarmac path for the benefit of all the Residents.

The success of this venture encouraged Gordon to work very hard and compile an even better quiz. His aim is to sell 1000. The closing date for this one is 10 January 1993, and prizes have been doubled to total £200.

### Thinking Ahead

Gordon is already thinking about a 1993 quiz, and suggests that other Homes could consider compiling one as an activity or fund-raising enterprise. For further advice, please contact: Gordon Cull, Newlands House Cheshire Home, Main Street, Netherseal, Swadlincote, Derbyshire, DE12 8DA.



Dr Wendy Greengross is a medical practitioner of many years experience, and is well-known as a broadcaster, writer and journalist.

In addition to answering some of the many questions and

personal problems reaching her, she will also, from time to time, give her views on the challenges that face disabled people today.

Send your queries and problems to:  
**Dr Wendy Greengross, c/o Cheshire Smile, Arnold House, 66 The Ridgeway, Enfield, Middx., EN2 8JA**  
All correspondence will be treated as completely confidential.

## **SHARE YOUR PROBLEMS with Dr Wendy Greengross**

# **Difficulties of Adapting to Change**

Some people positively enjoy moving home, changing jobs or moving from one part of the country to another. They are the ones who move the furniture around when they can't change it, who mix and match their existing wardrobe when they can't afford new clothes.

Others, at the other end of the scale, are so suspicious of change that they refuse to try anything different. Often they won't even taste any new food, 'I know I won't like it' they say, 'I prefer to stick to things I know'. These same people go abroad and are only happy once they have found fish and chips, and an English pub.

But most of us fall between these extremes. We'd rather hold on to the old and trusted, but welcome some change, like the occasional new menu, new curtains in our rooms or meeting new people.

### **Just the Same**

On the other hand, we also like to imagine that our parental homes are just the same as when we left them. That Dad and Mum still sit in 'their' chairs, drink out of 'their' mugs, and that our old rooms remain exactly as they were when we were young.

Believing that things won't alter, provides fixed points and a sense of security.

We perceive change differently depending on where we think the power lies. Who is in charge? How they will use the power? Are they driven by their own self interests? Are they motivated by hidden idealism? Do they care if they upset us or the tenor of our lives?

Most of us are paranoid for at least some of the time. If we really are vulnerable, we may have good reason to be afraid of nameless and faceless people who may be wreaking change, while we apparently have no opportunity to protect ourselves or the way of life that we value.

### **Change Brings Uncertainty**

Those of us who live or work within the Foundation, or receive its services, seem to be in the middle of an inordinately large number of changes, over which we apparently have little control. And what makes things worse, is the uncertainty that many of us experience, as someone somewhere, who seems to know nothing of our own particular circumstances, appears to have fun continually moving the goal posts.

Is residential care a desirable option? What is a 'good Home'? Are there going to be the resources to enable those who want to do so remain in their own homes?

When the Griffiths report was published in 1989, it all sounded wonderful, but during the succeeding years, we've come to realise, that there is not going to be the sort of money that we'd hoped for, and the Cheshire Foundation, like many other organisations has to change some of its ways of working, so that it can continue to offer a range of first class services to those who need them.

### **Positive Steps to Take**

When change seems imminent, it is easy to think of Canute facing the North Sea. He thought, poor innocent, that he could sit on the shore and order the waves to retreat. But there are other options. One is to run away, and leave the unpleasantness for others to cope with. Another is to resist everything that is happening, fighting every change every step of the way. Yet another is to feel and be helpless, imagining that there is nothing that can be done.

None of these are likely to be very productive, particularly when the changes are said to be motivated by a shortage of cash.

But there are also positive steps that we can take.

We can identify the things that we want to save, the things that really are

essential either to our own way of life, or basic to our beliefs. We can fight for the things we believe in and the things we love.

### **Deep Feeling of Loss**

The death of our Founder has left many of us with a deep sense of personal loss and has created unfocused feelings of anxiety. They are intermingled with the hope that the central beliefs that sustained Leonard Cheshire in his mission, be kept alive, even though care practices change with the times.

### **Individuals Still Valuable**

Leonard Cheshire had a natural gift of making every individual feel valuable and valued, and actually doing something to help those whom society chose to ignore. The spirit that motivated him in his struggle to ensure that people with disabilities be treated with respect and afforded the dignity and choice that most of us regard as our right, can still be with us, if we really want it and are prepared to work for it.

### **Battle for Priorities**

There are changes afoot. Many of them are good, for they should give people with disabilities greater choice in the conduct of their lives. Some may be worth resisting. But we need to be absolutely clear in our own minds which bits are worth battling for, and not allow ourselves to be drawn into arguments that really don't matter. We should not be afraid of making our voice heard in support of our cause. We also need to align ourselves with the people who have similar aims and objectives to our own, and work with them.

We may feel sad to think of Mum and Dad buying themselves new chairs or new mugs. We may be regretful to know that Auntie Flo has moved into our old bedroom, but ultimately they really don't matter, and are neither worth fighting for, nor even losing a night's sleep over.

# “What’s Cooking?”

## Where Did They Get That Fish?

Residents of Carnsalloch Cheshire Home, Kirkmahoe, Dumfries, Scotland, like ‘guid, plain Scottish cooking’ – and particularly if the ingredients for their favourite salmon mousse are mysteriously fished out of the River Nith which runs past the Home’s back door! Staff are always arguing about whose turn it is to catch the poacher! The Head of Home, Pauline Mason, always pulls rank on this issue, but her colleagues are all anxiously awaiting her next holiday, so that the Secretary/Treasurer Lorna Rush and her two attendants can have their turn before they retire! Needless to say, the following recipe for salmon mousse is economical to make!

### Carnsalloch Poacher’s Salmon Mousse

#### Ingredients:

8 oz fresh salmon or 8 oz tinned salmon (no poaching involved)  
1 small carton double cream  
1 small carton mayonnaise  
2 teaspoonfuls lemon juice  
1 sachet gelatine dissolved in 3 teaspoonfuls hot water  
Salt and pepper to taste.

#### Method:

‘Poach’ salmon till tender, remove bones and mash to a fine pulp in its own juice. Add mayonnaise and seasoning. Whip cream and fold into mixture. Add lemon juice and dissolved gelatine and mix thoroughly. Pour into wetted mould and chill overnight before turning out.

### Petticoat Tails

#### Ingredients:

300g plain flour (9 oz)  
100g caster sugar (3 oz)  
200g butter (6 oz).

#### Method:

Mix flour and sugar in a bowl, rub in butter.  
Knead well to form a smooth paste.  
Divide into two equal parts, shape and flatten into 2 x 18 cm rounds, approximately 1 cm thick.  
Mark top into portions, decorate edges and prick with a fork.  
Place on a greased baking tray.  
Bake in a moderate oven 160 C, 325 F, Gas Mark 3 for approximately 30 minutes until a pale golden colour.

### Cock-A-Leekie Soup

First catch your chicken, medium sized, place in saucepan (for those that are fussy pluck it first!). Cover with water and add the following.

3 medium-sized leeks  
1 medium-sized joint roasting chicken  
1 pint water  
1 clove  
1 blade mace  
sprig of parsley  
3 peppercorns  
1 level teaspoon salt  
2 oz rice  
1/4 pint fresh single cream

#### Method:

Cut off all but 2 inches of green leaves from leeks.  
Cut leeks in half lengthwise.  
Wash well under cold running water then cut into fine shreds.  
Put into saucepan with chicken and water.  
Add bag of clove, mace, parsley and peppercorns. Add salt.  
Bring to boil and remove scum.  
Lower heat, cover pan and simmer gently 3/4 to 1 hour (or until chicken is tender).  
Remove chicken and cut flesh into small pieces.  
Add to soup with rice.  
Simmer further 20 to 30 minutes (or until rice is tender).  
Remove from heat and stir in cream.  
Ladle into four soup bowls.  
Serve straight away.  
Serves 4.



Resident Dorothy McKenzie in the throes of baking.



Residents Jan Clark and Betty Kinghorn busy baking.

### Dropped Scones or Scots Pancakes

#### Ingredients:

100g self-raising flour (4 oz)  
Pinch of salt.  
50g caster sugar (2 oz)  
1 egg  
Milk to mix, approximately 60ml (4 tablespoons) few drops lemon essence, option.

#### Method:

Mix flour, salt and sugar, add egg and gradually beat in milk to make a thick batter.  
Add essence, if used.  
Bake 2 or 3 at a time by dropping spoonfuls of the mixture on to a hot, well greased girdle.  
Cook until the underside is golden brown and the top is covered with bubbles.  
Turn and brown on the other side.  
Serve buttered, hot or cold.

## Further Education Diploma

**Stuart Marshall**, a Resident at the Hertfordshire Home, Hitchin, since 1984, has been awarded a Diploma in Further Education, following a three-year course at Hatfield Polytechnic (now University of Hertford).

Stuart was offered employment in the Careers Office during the summer vacation, and also a place on a Degree Course in Sociology. To crown his successes he has been allocated a house on the University Campus.

## A Magnificent Fund-Raising Achievement

**Betty Green** has been appointed President of St Bridget's Cheshire Home, Rustington, Sussex, in recognition of the drive and inspiration she provided as Chairman of the Appeal Committee which raised £1,250,000, and also for her selfless and devoted service over 37 years. At the age of 80, she will continue to make her contribution to the Home.

## Willing Maid of All Work

As a pioneer in 1955, no menial tasks were shirked by her. She scrubbed floors, cleaned paintwork, cooked, washed up and helped bath Residents.



*Betty Green, elected President of St Bridget's, Rustington.*

When she first joined the Management Committee in 1957 there was so little money the Home had to decide whether to pay the butcher or the electricity bill. Later she became Chairman of the Management Committee.

## A Daunting Challenge

In 1982, however, she took over her most formidable challenge,

leading the drive, as Chairman of the Appeal Committee, to raise £1¼ million to finance the new Home. She attacked the job with typical vigour, drive and inspiration. A brochure was produced, which, with an appeal letter, went out to thousands of Homes, charitable trusts and other grant-making organisations. She personally wrote 3,500 thank you letters to donors. In September 1991 her energetic work literally paid off when the Home repaid the final £92,000 instalment of the Cheshire Foundation loan.

## Jumping for Arnold House

Watched by two anxious Residents of Arnold House Cheshire Home, Enfield, 19 year old Care Assistant Wayne Slater made a sponsored parachute jump from 2,000 feet – although he had never been in a plane before. He was accompanied by 47 year old Mike Grainger, a volunteer driver at the Home.

Both landed safely on the ground of Ipswich Airfield where both had been given a brief training. Wayne said: 'It was rather scary. Floating down was lovely but even then I was worried because I could not see the airfield where I was supposed to be landing.'

A very courageous effort by both men, the jump has so far raised over £250 for the Home.

## Jack, The Wheelchair Shepherd

Few people knew that **Jack Threadingham**, a Vice-President of The Cheshire Foundation, and a former Trustee

and Honorary Treasurer, can add fifteen years of managing a flock of sheep from a wheelchair to his many accomplishments.

Jack, a former Mayor of Tewkesbury, has been disabled for fifty years but never allowed this to cramp his style in any way.



*Jack feeding his flock.*

Jack's sheep are pedigree Suffolk. He uses a converted golf buggy and a motorised wheelchair to get around his farm and feed his flock.

'Not too many problems over the years', he reports, 'But once I forgot to belt myself to the wheelchair when I was holding a sheep and it dragged me out of my seat and I broke my leg.'

However, at the age of 73, he is planning to retire from shepherding and enjoy two years off doing just as he pleases. And then what will you be up to, Jack?

## A Repaid Loan

Chipstead Lake Cheshire Home, Chipstead, Kent, has repaid the last £25,000 of a Foundation interest-free loan – one year ahead of time. It was the last instalment of a £200,000 loan to build the Home's extension, which contains the dining room and the activities centre.

## A Growing Remembrance

During a service of remembrance in silent tribute to friends and comrades who died while serving with 76 Squadron between 1941 and 1945, a tree was planted in memory of Leonard Cheshire.

The ceremony took place on Sunday 13th September at the Squadron Memorial on the

former RAF Airfield at Holme-upon-Spalding Moor, North Humberside, as part of the 1992 Reunion of members of 76 Squadron (Royal Air Force) Association.

Many of those present had served under Group Captain Cheshire, including Foundation

Trustee John Shepherd. Throughout the years their loyalty, affection and respect for G.C. has remained undimmed. Later a plaque will be mounted beside the tree.

## Birthplace Plaque

65 Hoole Road, Chester, the birthplace of the Founder, will now have a new bronze plaque to commemorate his life. The house is now occupied by Mr W Smith, who made the arrangements.

## Time Capsule Planted in Memory of Founder

Amphill Cheshire Home, in Bedfordshire, has planted a time capsule in its new extension so that future generations will learn of the life and work of Leonard Cheshire.

The capsule was in the form of a glass bottle and contained interviews with Lord Cheshire, obituaries, items about his life, photographs of Amphill Residents, the red feather and other Cheshire Home memorabilia.

The Home's new extension will provide a new living room and kitchen for one of the four groups of Residents.

# The Right to Choose

*Carole Pouton, a Resident of Holehird Cheshire Home, in Cumbria, has great hopes that the NHS and Community Care Act provisions will encourage disabled people to greater assertiveness.*

From April 1993, when the NHS and Community Care Act comes into force, disabled people will be funded differently. We are now on the eve of a radical change, because once the sum of money considered to be appropriate for the Client's needs is assured, choice should become possible. In theory, Clients, with the help of their social worker, will be able to purchase the kind of service they want, be it residential accommodation or to be supported within their own homes. Of course there will be financial constraints on the kinds of services being offered. Budgets have to be balanced, and there will always be insufficient money to cover all demands.

## A Glimmer of Light

For me, however, the real change has nothing to do with the way a Client is funded – it is that at last there is a glimmer of light at the end of the tunnel. Disabled people will have the opportunity to say what they would like. Services will be



*Carole Pouton of Holehird Cheshire Home, Windermere, with Trustee Bruce Weatherstone.*

Client led. At last it is acknowledged that we too have views, opinions and ideas of our own, just like anybody else.

## 'Look at My Abilities'

I hope this change will enable more disabled people to have the courage to be more assertive, to go out and say to the

community 'Look at my abilities, not at my disabilities; I too have something to offer'; to enable them, when and where possible, to play a more active role in Society, to shake off the passive mantle and take control of their own lives.

## Paternalism Tendency

Because disabled people need help with the most basic living tasks, e.g. washing, dressing and feeding, it does bring out paternalistic feelings in a great many people. Decisions are made on our behalf and we are nurtured and protected because of it. Although I know that this is done unknowingly and for the best of reasons, it does have a detrimental effect in so much as we are inclined to accept without question that others know better. Sadly the 'Does he take sugar' syndrome is still as strong as ever.

## Running Our Own Lives

Whilst there is a tendency to protect and shield us from worry and to treat us in a patronising way, it will be hard for disabled people to achieve a status of equality. This new legislation gives us the opportunity to take the first step on the road to being positive about running our own lives.

## Worming Their Way to Wooing the Media

Denis Spencer, a member of South Lakeland's Cheshire Home's Management Committee, and Alan Pattinson, Chairman of its Family Support Service, were solemnly appointed Wormshipful Masters of a Worm Charming Event, and kicked off with a considerate warning sent to Radio Cumbria, thus:

### A Song of New Experience

(apologies to William Blake)

'O worms, you are doomed!  
The invisible host,  
Approaching Holehird  
To charm up the most,  
Will find out your field  
And your sleep surmount,  
Till teased to the top  
You are out for the count.'

Then twenty four teams gathered and set to with a will. The largest number of worms teased out was achieved in Heat Two – 65 – caught by Holehird's own FSS 'Squirmers', who went on to win the Worm-off Final with a count of 55 in a mere 10 minutes – a perfectly charming result.

Although the weather reduced attendance disappointingly, they nevertheless *did* achieve a pay-off with quite unprecedented coverage by press, radio and TV, making a mark for Cheshire Homes.



*Watering the worms in Cumbria*

## READERS – PLEASE NOTE

The Cheshire Smile magazine is published by The Leonard Cheshire Foundation, the world's leading organisation offering residential care to severely physically disabled men and women.

It runs 84 Cheshire Homes in the United Kingdom, and 37 Family Support Services in England offering part-time care to handicapped people and their families living in their own homes.

Overseas there are 183 Cheshire Homes in 49 countries.

Contributions intended for a specified issue may be accepted provided that space is available. Such material must reach the Editor's office at least TEN WEEKS preceding the publication date of the issue.

The right is reserved to reject, shorten or clarify any material submitted at the discretion of the Editor whose decision is final, and no correspondence can be entered into concerning it.

Opinions expressed in articles do not necessarily reflect the official view of The Leonard Cheshire Foundation.

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# Obituaries

## The Bonny, Smiling One

Muriel Taylor, Foundation Trustee and Resident of James Burns Cheshire Home, Bournemouth, writes:

A great sadness struck the Home with the death of **Mrs Janet Taylor** on Friday, 26th June. After the second of two serious operations, it had been her urgent wish to leave hospital and to return to the place that, for nine years, she had felt was 'home'. 'Jan' was a very lovable person: in describing her to anybody who did not know the Residents well, it was always sufficient to say that she was 'the bonny, smiling one' – and she was identified immediately. Many will remember her distinctive little wave of recognition or farewell, and how her face would light up, either through her own ready sense of humour or because of her genuine interest in people and events; she loved any excuse for a party! No-one would guess, from her warm, outgoing nature, the fortitude in the face of suffering she had shown throughout her life. Jan loved pretty things; no wonder then that it was through arrangement upon arrangement of exquisite flowers that family and friends expressed their feelings for her at the end.

## Happy Years at The Dukeries

**Raymond North** was a Resident of Dukeries Cheshire Home, Retford, Nottinghamshire, since 1984. He died there on March 22nd, 1992, aged 64.

Raymond was an only child and worked for a number of years on the

forestry staff of Thoresby Estates, living with his mother in a small cottage nearby. In 1978 he began to suffer from Parkinson's disease, and in the same year his mother died, leaving him quite alone in the world. After several long spells in hospital it was obvious that his deteriorating condition made it impossible for him to manage on his own, and in 1983 he came to live at Dukeries House where he soon settled happily.

The Rev. John Ford, Vicar of St Mary's Church, Edwinstowe and Budby, Nottinghamshire, writes:

'Raymond had a great love of nature. He also enjoyed music, and had a passion for collecting things, from glass paperweights to records, and books on travel and nature.

'He was inclined to be a loner, shy and retiring, and not given to much speaking, although a good listener, and couldn't be said to suffer fools gladly. Yet lurking beneath the surface was a puckish sense of humour which was apt to bubble up with surprising suddenness and catch you unawares.

'The seven and a half years Raymond spent at The Dukeries could well be described as among the happiest days of his life.

'The congregation at Raymond's funeral service at Mansfield Crematorium on 27th March 1992 included several old friends from Budby, the Estate Manager from Thoresby, fourteen staff and Residents from Dukeries House... and the Notts. County Council Social Worker (since retired) whose untiring and patient efforts, along with those of the then Head of Home at Retford,

Janet Tomlins, were more than anything else responsible for Raymond being able to have that very special quality of loving care and security that meant so much to him during the latter years of his life.

'He is buried in his mother's grave in Edwinstowe churchyard. Those who knew him always felt a special responsibility towards him, because he was alone in the world – he had no-one. I think this sentiment and attitude was reflected in the love the Retford Home staff had for him, and which coped so splendidly with the difficulties caused by the distressing changes in Raymond's personality as cancer and Parkinson's took their toll. He will long be remembered. May he rest in peace.'

## Maj-Gen Graham Mills

Major-General Graham Mills, CBE, who died recently in Norfolk aged 75, spent many years working for the Cheshire Foundation after retiring from a distinguished military career.

In 1958 he was appointed CO of the 17th Battalion of the Parachute Regiment in Gateshead. After two years as Regimental Colonel, he commanded the Territorial Brigade at Winchester from 1963 to 1964, and from 1965 he was Brigadier, General Staff, at HQ Middle East Command in Aden.

On retirement from the Army, he was appointed Warden of Le Court Cheshire Home near Liss, Hampshire, and held this post from 1973 to 1977. On moving to Norfolk he was quickly recruited to the Steering and later the Management Committee for the setting up of Park House, the Foundation's Country House Hotel for Disabled, on the Sandringham Estate, where he rendered valuable service, bringing his practical mind and knowledge of the problems of disabled people to the careful planning.

His wife, Joyce, died in 1981 and they had three sons.

## News

### Kath's Retirement

Kath Stuart has retired from Greenhill House Cheshire Home, Twyford, Banbury, Oxon, after 15 years service, and was delighted and surprised by a presentation from Residents and Staff. Kath was at first a Nursing Auxiliary, but latterly the Home's Laundry Mistress. However, she was deeply involved in the Home in a voluntary capacity. She collected jumble and bric-à-brac, organised sales and helped with fund-raising. When the President of Greenhill, Lady Humphrey, presented Kath with a bouquet, she echoed everyone's delight that she would continue to be a volunteer.

### Royal Marines Entertain

Cann House, Plymouth, Devon, were recently entertained by a band of the Royal Marines, now an annual event. Good weather is essential for full enjoyment of the concert and the sun obliged!

### Problems of Carers

A Carers National Association Survey of 3,000 Carers, the biggest yet, says that two thirds of Britain's six million are suffering emotional health and financial problems, with insufficient support. Among actions demanded are a Government review of benefits, and at least one information and support centre in each Local Authority. The survey also asks Carers to accept that their needs are important and to plan for the future. CNA has launched a national campaign called 'Listen to Carers'.

### A Carnival Float

Seven Rivers Cheshire Home, near Colchester, Essex, entered a float in two local carnivals as part of Awareness Year and to celebrate the 40th anniversary of the formation of The Cheshire Foundation as a Trust.

The design was a birthday cake with 40 candles on it which actually lit up, and prizes were won on both occasions – a signal achievement as both carnivals had in excess of 100 floats. Residents, staff and helpers greatly enjoyed taking part.

# Information

■ **Access to Real Ale:** The Campaign for Real Ale (CAMRA) is surveying pubs looking for accessibility and staff understanding of disability, before listing them with the wheelchair symbol. Further information from CAMRA, Rivendell, Earnley, Chichester, West Sussex, PO20 7JQ.

■ **Active Assistance:** Active Assistance is an agency set up to provide long term live in or live out care, respite or emergency care, advice on funding, and equipment and assistance with housekeeping and shopping.

For further information and list of charges involved, contact Active Assistance, 85 Strickland Gate, Kendal, Cumbria, Tel: (0539) 73067

■ **Shophmobility:** Hemel Hempstead's Marlow Shopping Centre now provides wheelchairs and scooters for anyone who has trouble getting around the town centre. Opening it, Nicholas Scott, former Minister for Disabled People, said he

hoped that more councils and businesses would consider similar schemes to promote independence.

■ **Keep Able Foundation:** Keep Able, a registered charity, has launched a new support group called Able Link to motivate and encourage young people who have suddenly become profoundly disabled – e.g. those paralysed by road, sporting or industrial accidents. It is hoped that the volunteers running it, who are all severely physically handicapped, will help such people to come to terms with their restricted life by providing assessment of practical difficulties at home or at work, selecting equipment appropriate to their needs, and providing opportunities to see and try out advanced technology in an Ability Workroom at Brentford.

Further information from: Keep Able, 2 Capital Interchange Way, Brentford, Middx., TW8 0EX

■ **Heathrow Travel-Care:** A new booklet giving advice and information for disabled people and others when using Heathrow Airport is now available free from:

Heathrow Airport Public Affairs Dept., D'Albiac House, Heathrow Airport, Hounslow, TW6 1JH, Tel: 081-745 6156.

■ **Winged Fellowship Holiday Programme:** Winged Fellowship's holiday programme runs from February to December and includes modestly priced breaks for Carers, as well as for severely disabled people, and special arrangements solely for Alzheimer's disease sufferers and their Carers.

Overseas holidays include Lanzarote, Malta, Éire, Denmark, Austria and Switzerland. Full details from:

Winged Fellowship, Angel House, 20-32 Pentonville Road, London, N1 9XD, Tel: 071-833 2594

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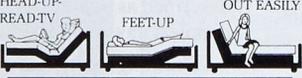


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# YOU write to US

## Passes Smile On

Please accept this small donation towards the postage of sending me your splendid 'Cheshire Smile'.

I thoroughly enjoy reading every page and pass it on to a disabled friend.

**Edith Harries**  
Barry, South Glamorgan

## A Wonderful Man

I am sending you a small donation towards the cost of Smile, which I do so much enjoy reading. I only wish the cheque could have several 00s on it.

It is so very sad to hear that Leonard Cheshire has passed away – such a wonderful man. You will all miss him so much.

**Clare Wade**  
Mill Road, Cambridge

## A Cheshire Home is a home

G.C.'s death means that the world has lost someone very precious. I knew him in America in the war, and at Le Court since I started working there in 1960, so I have watched the Home grow to luxury, and I wanted to write to endorse Barbara Hoy's letter in your July issue. Yes, a Cheshire Home is a home; comfort and privacy are important, but simplicity should be the watchword, and being linked to an overseas Home for funds for both is a marvellous suggestion. I have seen some Homes abroad, including Morocco and India, and know what this could mean.

Yes, Barbara, you have the right idea.

**Dickie Finucane (Mrs)**  
Liss, Hampshire

## An Interesting Read

The enclosed cheque for £15 is a donation towards the cost of producing Cheshire Smile.

After reading my copy, I always pass it on to The Royal British Legion Factory where I work and where many of the employees are disabled. Naturally they are very interested in your work and are often able to obtain some interesting information.

**Pat Scammell (Mrs)**  
Whitton, Middlesex

## Can Anyone Help?

I wonder whether I could appeal for help in compiling some notes for my wife's biography which I am trying to write.

Until we married in 1971 my wife was known as Patricia Galbraith. We first met at Gumley Hall through the ill-fated VIP Association in 1947, later moving to Le Court. I left Le Court in 1949, about which time Pat started working at Le Court as a nurse. Soon after this she was appointed Matron, a post she held for some time.

At about the same time she became a founder member of Holidays for the Disabled, which started when a handful of Staff and Residents went to a holiday camp at Weymouth. Subsequently she became Matron to H. for D. In 1972 we had the honour of running the Isle of Wight Home (Appley Cliff) together until she finally retired in 1978.

Unfortunately Patricia had two strokes early last year and is now in a nursing home. Her memory is badly affected so that she is quite unable to confirm the above dates. I feel sure that some of your readers will remember her.

Confirmation of any of the above dates will be gratefully received and highly valued.

## Purpose of 'Choice'

In your October Issue your correspondent Joyce Dyer commented critically on the first issue of Choice.

Firstly let me assure you that there is no intention of replacing the Cheshire Smile with Choice, nor indeed is there any comparison between the cost of the two publications; we anticipate that Choice will be less than a quarter as expensive to produce as Smile which has a wider circulation, a much greater content and many more photographs.

The two publications serve different purposes. Cheshire Smile is published to keep all of us aware of a worldwide basis of activities of other Homes and events. Choice is, exactly as you describe it, a newsletter for the Leonard Cheshire Foundation, (or to be more exact in the United Kingdom) although eventually its circulation might be justified on an international basis. It is intended to give information on forthcoming events, new developments in Care Management and new policies which are in hand or planned.

The content of Choice is agreed by the Director General and his staff at Maunsel Street and it is hoped to give speedy and readable information to those who are interested. Cheshire Smile has a much lengthier deadline than Choice, and an independent Editor. I hope and believe there need be no conflict between the two. It is worth reflecting the statement at the front of each edition of Cheshire Smile which says 'Opinions expressed in articles do not necessarily reflect the official view of the Leonard Cheshire Foundation.'

I do hope this letter serves to put Miss Dyer's mind at rest.

**Helen Hill**  
Marketing Co-ordinator,  
Cheshire Foundation  
Maunsel Street  
London

## Better for Knowing G.C.

I am sending £20 to help pay for postage of Cheshire Smile which I so enjoy receiving.

I came to Westminster Cathedral and it was a really wonderful 'thank you' service. The feeling in the Cathedral was so warm and full of love for this extraordinary man of God...

We shall miss this man, we ordinary people, but his family will miss him so much and it is hard to imagine how very much. He will walk with God, won't he? I will never forget him and I was privileged to meet him and his dear wife several times.

Perhaps we may go through the rest of life better and maybe more useful for having known him.

**Joy Wood, South Glamorgan**

## Donations Greatly Welcomed

Grateful thanks to those who have sent donations to help us meet the high cost of postage. If other Homes, Services and Readers would follow their example, it would be deeply appreciated.

Cheques should be made out to Cheshire Smile and sent to:

Cheshire Smile  
Arnold House,  
66 The Ridgeway,  
Enfield, Middx EN2 8JA  
The Editor

# MEMORABLE HOLIDAYS

**Editor's Note:** Have you had an unforgettable holiday you would like to describe? Contributions including photographs for this regular feature are welcome (not more than 900 words).

Send to: Cheshire Smile, Arnold House, 66 The Ridgeway, Enfield, Middx., EN2 8JA

## Himalayas Bound in a Wheelchair

*Peter Reynolds is a very severely disabled Resident of Chipstead Lake Cheshire Home, near Sevenoaks, Kent. For several years he was the organiser of a vital service sending wheelchairs and other aids to handicapped people overseas – CHAD (Cheshire Homes Aids for Disabled). In 1986 he responded to an invitation to visit Kathmandu in Nepal, and was so fascinated by the place that he was determined to make a return visit.*

*In November, accompanied by Sylvia Lear, a Care Assistant, he flew out from Stanstead via Bucharest and Calcutta – a holiday that would daunt many able bodied people. Peter and Sylvia are to be congratulated on their great courage and initiative.*

*Here is Peter's own account of the 'GREAT ADVENTURE':*

Whilst in flight the service was good, but the airports definitely were not geared up to welcome disabled passengers. Toilets, lounges and cafés were all on different levels with no lifts, so we had to rely on asking strangers for help. No heating anywhere so we were frozen at night when waiting for a change of flight. Arriving at Calcutta, we found we had been booked on a non-existent flight to Kathmandu, and I got in something of a panic when Sylvia disappeared with two airport officials. However, she eventually returned, having had to purchase fresh tickets.

We reached Kathmandu after dark. Our taxi driver knew Jorpati, but had not heard of the Ryder Cheshire Home, so it was up to me to find a place I had visited only three times in daylight in 1986. Fortunately, my memory served me well, and soon we were ensconced in our small apartment of two bedrooms, a scullery, toilet and washbasin.

### Meeting the Residents

Next morning we met some of the Residents. Their accommodation made ours look like Paradise. They slept two to a room with little furniture and flaking stone floors, and eat a very basic diet of rice, rice and more rice with occasionally curry and vegetables. When invited to eat with them, which was most evenings, it was never to lunch or tea but always to 'rice'!

We were made most welcome and became particularly friendly with one or two of the Residents. One girl on crutches seemed to take a particular 'shine' to me and would sit by me in the sun grooming me like a monkey and feeding me my 'rice'. She looked only about ten years old and was quite pretty. Her name was Tika, and she had been married but her husband had left her. I also struck up quite a relationship with two of the boys, with whom I would watch TV and videos, but not too often (I can do that at home).

### Sharp Contrasts

In the Kathmandu valley there is a sharp contrast between severe poverty and Western technology. Many of the tall buildings

support satellite dishes whilst young children run about playing happily in the streets wearing only ragged T-shirts and covered with the inevitable grey dust, which their mothers remove by 'showering' them with a bucket of water periodically, making pools of water in the uneven roads, around which Sylvia had to negotiate my wheelchair. We also had to do battle with piles of sand, pebbles and rubble from the building work going on, and avoid cows, chickens, dogs and small children running around, whilst keeping an eye open for motor vehicles, which sound their horns almost continuously from early morning until late at night. There was never any need for an alarm clock!

### Bartering in the Market

We would go out shopping or to the 'stupa', which is a kind of temple said to contain Buddhist relics. Around the stupa there are large markets. Bartering is the order of the day, and Sylvia would do deals for fruit and vegetables, and there were shops where we could purchase dry biscuits, soft drinks and beer. The cost of living is quite cheap in Nepal, and we had taken quite a few provisions with us.

### Highlights of the Holiday

These included: a wild life park; The Disabled Children's Hospital, where we were given a list of items and materials which would benefit them greatly; a candle-lit festival in the Home; the anniversary of the founding of the Home with speeches, prize giving, and a special party supper. I was delighted, too, by the arrival of a consignment of wheelchairs – a free gift from CHAD.

### A Hasty Departure

Complications over the cancellation of our flight meant

we had to leave a day early and land at Heathrow instead of Stanstead. It took half an hour to pack, we missed our farewell party (no doubt including rice), and there was not even time for me to bid farewell to Tika. Perhaps as well in the circumstances!

### Comparing the Holidays

In Calcutta we booked a room at The Airport Hotel. It was total luxury with shower, television and comfortable beds. I soon fell asleep trying to compare my two holidays in Kathmandu. In 1986 it had been warmer and we had been able to go out in the dark evenings. One evening we were followed around the stupa by a little boy of no more than seven, who told us he had no parents and slept against the walls of the stupa with the other beggars. We reported this to the schoolmaster, who said he would try to do something, but we never knew what became of him. I know this kind of suffering occurs worldwide, but it was my first personal experience of it and I found it hard to dismiss.

### Safely Home – Thanks to Sid

Calcutta proved to be a lovely modern city – I had always thought of it as the slum town of India. I really enjoyed sitting watching the traffic and pedestrians in front of our window whilst waiting to leave. Our only worry now was how we were going to get from Heathrow to Chipstead. Sid Banks, however, had taken the precaution of checking on our flight and had gone to Heathrow. What a relief! Thank you, Sid! And thank you, Sylvia, for making this adventure possible.



## THE LEONARD CHESHIRE FOUNDATION INTERNATIONAL

26-29 MAUNSEL STREET LONDON SW1P 2QN ENGLAND

### Creative Work in Fond Memory of Founder

Twenty nine Cheshire Homes in overseas countries all over the world sent examples of the creative skills of their Residents to the Creative Activity Contest in London on Saturday October 17th. Many entries had been prepared with the theme of birthday good wishes to the late Founder, who died shortly before his 75th birthday, but now stood as a living tribute to his memory.

#### Trophy Winners;

Winner of the Overseas Salver for the Home gaining the greatest number of overall points went to Hanshin Cheshire Home, Japan.

The Overseas Salver for Courageous Endeavour went to John Adhou, Ramesh Kirpalani, and Chandrashekar Bhalero, all Residents of Bethlehem House, Bombay.

Obioma (Port Harcourt, Nigeria)	Samuel N Samuel N Johnny Taye Philip Brown	Birthday card Drawing Birthday card Birthday card
Quebec (Canada)	Michael Gray	Poem
R. P. Patel Home D1 (Jamshedpur, India)	Patricia	Nail & Thread picture
Selangor (Malaysia)	Doris Tan Kong Nam D1 Lee Yoek Choi Lee Yoek Choi D1 Soo Kien Fatt Rose Wong Mooi Keat Tan Mooi Lian Yap Teck Wai	Dressed dolls Sewing table mats Batik cushion cover Batik painting Batik cushion cover Batik cushion cover Batik table mat Batik painting
Shatin (Hong Kong)	Wong Ping Kwok Cheung Fuk Hing	Painting Dressed doll
Singapore	Apollo Tan	Birthday card
Wisma (Indonesia)	Ukok Yokop Ismail Marto Sabdi, Melanie & Tuti Sabi D1 Supralati & Sulasar	Baby mobile Christmas sleigh Dining set Dolls' wardrobe Child's dress Christmas card Table mats

#### The Results as follows:

#### First Class Diplomas – Overseas

('D1' indicates a double first for an outstanding entry)

Hogar Bonanova (Spain)	Maria Luisa Marcet Maria Carme Marcet	Pottery mask Decorated fan
Burnpur (India)	Selima Paul	Guest towel Lady's purse Flower basket Tray cover Poetry
Chipata (Zambia)	Rita Lazarus Dolly Majunber Josephine Gabriel	Miniature garden Photographs
Dehra Dun (India)	Fanny Nyrongo Margaret Ngoma	Embroidery Tablecloth
Eric Miles (S. Africa)	Harjeet Singh Sneh	Table decoration Poetry
Eric Young House (Jersey)	Erna Cronje Ilse Louw	Miniature garden Miniature garden
Hanshin (Japan)	Gordon Wakeham Ronald Roland	Photograph Photograph Photograph Calligraphy Calligraphy Calligraphy Calligraphy
Harima (Japan)	Naoko Kotani Shizue Wada Kousuke Hayakawa Kaoru Yoshida Katsuko Inohara Kiyoko Tamakawa Atsuko Kinugawa D1 Shizue Wada	Calligraphy Calligraphy Type art paintings Two birthday cards
Iloilo (Philippines)	Fumiaki Nishimura Takahiro Shibata Hiroshi Fujiyama	Poem Videotape Calligraphy
Kunming (China)	Mb Talunay	Birthday card
Jahanang Walang San Fernando, (La Union, Philippines)	Wong Kui D1 All Residents He Zhi Gang	Two birthday cards Two birthday cards
Limuru (Kenya)	Paul Murithi Daniel Mutinda	Two birthday cards Two birthday cards
Sir James & Lady Peiris Home (Mount Lavinia, Sri Lanka)	Leelawathie Willachchi	Crochet mat

#### Second Class Diplomas – Overseas

Hogar Bonanova (Spain)	Marcili Teixidó	Wooden tray
Bombay (India)	Sambaji Shankor Jadhav	Birthday card
Carey House (Canada)	Heather Frank	Painted stained glass
Chipata (Zambia)	Masauso Ngoma Fanny Nvirongo	Photographs Photographs
Dehra Dun (India)	Rekha Vanita	Embroidered cloth Dressed doll
Eric Miles (S. Africa)	Graham Clarke Erna Cronje Erna Cronje Erna Cronje	Prose Thank you card Table decoration Wall hanging Birthday card
Harima (Japan)	Yoshimi Yorikawa Isahur Yoshida Shigeko Shiokawa Takafumi Hirouchi Michiko Tagaki Ryosuke Okada Makato Saito Yoshie Kanehara Mizue Tobita Shuichi Kuroda	Calligraphy Calligraphy Calligraphy Calligraphy Calligraphy Calligraphy Wrapping paper Music tape Collage
Hanshin (Japan)	Keiko Kawaguchi Emi Yamamura	Calligraphy Calligraphy

Hanshin Japan	Kayoko Arai Kousuke Hayakawa Mariko Kiritani Noriyasu Muraishi Masahiro Satake Emi Yamamura Fujimi Fujiyama Kayoko Arai Hiroshi Iba	Calligraphy Calligraphy Calligraphy Calligraphy Calligraphy Photograph Photograph Photograph Photograph	Dehra Dun (India)	Julie Tarvender Residents	Peacocks Birthday card Photographs
Chung Hom Kok (Hong Kong)	Residents	Videotape	Eric Miles (S. Africa)	Erna Cronje Erna Cronje Christene Whelan Caren Perrow	Birthday card Computer card Wrapping paper Birthday card
Iloilo (Philippines)	Mb Talunay Mb Talunay	Painting Two birthday cards	Guyana	P. Williams	Raggety-Ann doll
Eric Young House (Jersey)	Irene Crossan Ronald Roland	Birthday card Birthday card	Shatin (Hong Kong)	Ng Ka Shing Cheng Sing Yip	Birthday card Birthday card
Kunming (China)	Residents	Embroidered tablecloth Photograph	R. P. Patel, (Jamshedpur, India)	Mary Teresa	Birthday card
Limuru (Kenya)	Xiong Jian Hua Daniel Mutinda	Painting	Eric Young House (Jersey)	Varerie Baudet	Table decoration
Obioma (Port Harcourt, Nigeria)	Samuel N Samuel N Samuel N Sunny Ikeagwu Philip Brown	Birthday card Wrapping paper Cake decoration Poem Three wrapping papers	Obioma (Port Harcourt, Nigeria)	Sunny Ikeagwu Rosemary Ebony John Godswill John Godswill John Godswill Johnny Taye Jeremiah George James Owei Helen Oruma	Poem Birthday card Dressed dolls Poem Birthday card Three birthday cards Prose Two birthday cards Birthday card
Sir James & Lady Peiris Home (Mt. Lavinia, Sri Lanka)	Philip Brown Philip Brown Johnny Taye	Birthday card Cartoon Two birthday cards	Sir James & Lady Peiris Home (Mt. Lavinia, Sri Lanka)	Francis Pushparanee	Centre mat
Selangor (Malaysia)	I G Senevirathner I G Senevirathner Biomenike Irene Johnathan Mary Jane S D Kamala	Birthday card Wood painting Embroidery Cushion cover Cushion cover D'oley	Selangor (Malaysia)	Soo Kien Fatt Lee Yoek Choi Lee Yoek Choi Lee Yoek Choi Yap Tek Wai Lau Yoke Khean Tan Mooi Lian Tan Mooi Lian Kathy Ser Lay Choon	Birthday card Birthday card Painting Batik table mat Birthday card Birthday card Batik cushion cover Two batik table mats Batik table mat
Providence Home, Maderak Uganda	Akisa Petua	Poem	Singapore	Sunny Sun	Birthday card
Wisma (Indonesia)	Nusud Retna	Jigsaw Embroidered towel	Summerstrand (S. Africa)	Laurette Niemand	Poem
Menagesha Cheshire Home (Ethiopia)	Yenenaw Gashaw	Drawing	Westwood (Zimbabwe)	Christopher Dzvimbw Fradreck Ganyaupfu Luke Nyamuzinga	Poem Poem Poem
Hogar Bonanova (Spain)	Antonio Borreguero	Football-team shield	Chipata (Zambia)	Eliyas Daca	Present
Thelma Vaughan (Barbados)	Kelly-Ann Wallace	Birthday card	Ndola (Zambia)	Mary Chapatanya Pauline Chomba	Dressed doll Birthday card
Bombay (India)	Sambaji Shankor Jadhav	Birthday card	Katpadi (India)	Sivaprakasam	Birthday cards
Burnpur (India)	Rita Lazarus Rita Lazarus Rita Lazarus Suryamoni Ancilla Ithwari	Two birthday cards Handkerchief Table mat Guest towel Poem	<b>Certificate of Merit – Overseas</b>		
			Thelma Vaughan Memorial Home (Barbados)	Anthony Grazette Anthony Grazette Kelly-Ann Wallace Lisa Brathwaite	Thank you card Wrapping paper Wrapping paper Wrapping paper
			Bombay (India)	Ramesh Lal Kirpalani	Poem
			Burnpur (India)	Selima Paul Selima Paul	Tie Wall hanging
			Eric Miles (S. Africa)	Denise Thomas Denise Thomas Lulu Jenkins Carol Puzey	Thank you card Set of cards Birthday card Birthday card
			Sir James & Lady Peiris Home (Mt. Lavinia, Sri Lanka)	Partick Fouseka	Two wrapping papers
			Singapore	Katherin Han Chin Chin Ngoh	Birthday card Card with kind wishes
			Chipata (Zambia)	Joseph Mwanza Lackson Zimmbia	Wrapping paper Wrapping paper

### Third Class Diplomas – Overseas

Menagesha Cheshire Home (Ethiopia)	Yenenaw Gashaw	Drawing
Hogar Bonanova (Spain)	Antonio Borreguero	Football-team shield
Thelma Vaughan (Barbados)	Kelly-Ann Wallace	Birthday card
Bombay (India)	Sambaji Shankor Jadhav	Birthday card
Burnpur (India)	Rita Lazarus Rita Lazarus Rita Lazarus Suryamoni Ancilla Ithwari	Two birthday cards Handkerchief Table mat Guest towel Poem

## European and Northern Regional Council

Held in Barcelona at the Hesperia Hotel, this meeting was attended by many delegates both from the Spanish Foundation of Cheshire Homes as well as the individual Homes in Spain; from France, Ireland, Portugal and the UK.

An extremely well-organised programme ensured the smooth running of all the events, both business and social. The Council Meeting on Friday 2nd October was opened by Sr Juan Trias Bertran OBE, President of Fundacion Hogares Cheshire de España, and delegates were welcomed by the Honourable Counsellor Antoni Comas I Baldellou, Secretary of State for Social Welfare of the Catalan Regional Government. Peter Rowley, Chairman of the European and Northern Region, responded and chaired the meeting. Simultaneous translation into both Spanish and English enabled everyone to follow the discussions easily.

## The Future of the Region

Delegates discussed the constitution, the function and future of the Region in the light of the Founder's death and there was general agreement on strengthening its role, with closer liaison and exchange of information between the Foundation in London and the countries in the Region, whilst maintaining the autonomy of each country.

Presentations by each country on recent and current events greatly enhanced the understanding of local circumstances, and the role of the European Community in relation to the Homes was outlined. The delegates from each country would return and formulate their own Foundation's objects, function and future.

## Visit to Tarragona Home

A visit was arranged to the San Salvador Cheshire Home in Tarragona, where guests were given a tremendously warm welcome by all the Residents and staff in their enviably spacious, light and airy workshop with many examples of the art and handcraft

exhibited. The lunch provided could only be described as sumptuous, and afterwards the Residents took great pleasure in showing the visitors their individual rooms.

Before leaving Spain, the visitors had an opportunity to visit the Montserrat Monastery near Barcelona, where a monk gave the party a brief talk on the history of the monastery after which members attended Mass and heard the famous choir singing.

We are all most grateful to the members of the Spanish Foundation and Mark Blake-Knox, Secretary of the Region for all their arrangements and for making everyone so welcome and at home.

## Opening of Moscow Cheshire Home

On 26th September, Sir Geoffrey Howlett was present as guest of honour at the opening of the first Cheshire Home in Moscow, together with Sergei Filatov, Deputy Chairman of the Russian Parliament, and Francis Richards, Minister at the British Embassy in Moscow. The Home, which was the fulfilment of one of the Founder's last wishes, will have 32 Residents, veterans of the Afghan war, and will be run by the Afghan Veterans Union. The opening ceremony began with a blessing of the Home by the Metropolitan Pitirim, accompanied by choral plainsong. This was followed by an opening speech of welcome by Dr Alexander Kotenyov, Chairman of the Afghan Veterans Union and the Russian Branch of the Leonard Cheshire Foundation. After the unveiling of a commemorative portrait of the Founder by Sergei Filatov and Sir Geoffrey Howlett, there was a song by an Afghan veteran and speeches by the guests of honour, and one of the new Residents described how he came to be in the Cheshire Home and how he saw his future now. The ceremony ended with a tour round the Home and plainsong by the Pitirim's Choir.

## Farewell and Thanks

Ken De Abreu has recently retired as Chairman of the Cheshire Home for Spastic

Children in Guyana. During his Chairmanship the Home has been completely refurbished and now has its full complement of Residents, and we are most grateful to Ken, whose pressing business commitments have been the reason for his retirement. We welcome the new Chairman, Mrs Sultana Fitzpatrick, until now Vice-Chairman, and the new Committee is determined to do all it can to continue improving conditions for the children in the Home.

## Training Programme – Central Region

A successful workshop was held in Lusaka, Zambia, from 5th to 7th August, consisting of a video course for staff working with children who have cerebral palsy. The course, called 'Learning Together' has been developed in response to the needs of staff and carers who work with children with cerebral palsy but do not have specialist training. Cheshire Homes in Africa are identifying increasing numbers of children who have cerebral palsy, and are extending their rehabilitation programmes to include them. It was attended by representatives from Cheshire Homes in Southern Africa and Ministry of Health staff from Zambia. Leigh Williams, Assistant Liaison Officer for Southern Africa, was responsible for the in-country organisation of the workshop.

## Memorial Services in Thanks for The Founder

So many Overseas Homes have sent tributes and copies of their Memorial Services, each in their own inimitable way expressing their thanks for his life and inspiration. These are very precious, but space does not permit publishing them all. Here is just one example, an account by C B Marsh, from Tobias House, Toronto, Canada, of the Service in St Michael's Cathedral, Toronto:

## A Cavalcade Unending

Inside the Cathedral the air of expectancy changed in a subtle and exciting way. As the cross bearer led the procession up the aisle, it seemed to be almost an unending cavalcade of flags, medals, choir, people in wheelchairs, the Ministers of

the Eucharist, the concelebrating priests and finally Monsignor Robitaille – here to preside over the Memorial Mass for Group Captain Lord Leonard Cheshire, VC, OM, DSO, DFC.

The strains of 'The Lord is My Shepherd' fitted so well with the glory of the bright September sun shining through the stained glass windows of the Cathedral.

## Readings by His Comrades-In-Arms

Readings, the first from the Book of Tobit and the second from Corinthians, Chapter 13, Verses 1-8 were delivered by two of Leonard's Comrades in Arms – Wing Commander D R Walker and Sqdn Leader Donald A Bell, and from his wheelchair, the Petitions or Prayers of the Faithful were spoken by Ian Parker of Cheshire Foundation.

## Footprints in the Sands of Time

In his Eulogy Monsignor Robitaille referred to 'those people who leave footprints in the sands of time so that we, in seeing them, take courage and carry on with renewed faith'. Such a one was Leonard Cheshire – war hero and founder of over 270 Cheshire Homes.

The Mass concluded with Leonard's favourite song 'Lord Jesus of You I Will Sing as I Journey.'

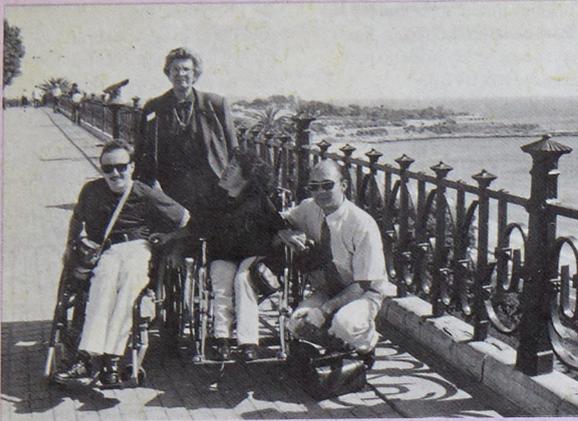
## A Good Life, Well Spent

In retrospect this celebration was gloriously confident, colourful and prayerful. Sadness yes, but a radiant happiness too. After all, it was the memorial to a good life, well spent by a very happy man.

## A GROWING ORGANISATION

There are now 184 Cheshire Homes in 49 countries overseas. For a full list, write to:

International Office  
The Leonard Cheshire  
Foundation  
26 Maunsel Street,  
London SW1P 2QN  
United Kingdom



Delegates to the Barcelona Conference enjoy the sunshine. L/R Stuart Walker (Cheshire Home, Belfast); Rosemary Leitao and Irene Pereira, Lisbon Cheshire Home.

## International Picture Page



Barcelona Council Meeting L/R seated: Irene Pereira – Resident, Lisbon Home; Dr Amparo Ferrando de Fabra, Vice President of Spanish Foundation; Mrs Nicholas O'Beirn; Dr Nicholas O'Beirn – Trustee of Irish Foundation (Galway); Mark Blake – Knox Secretary of Region.



A giant paella ready to be broached for guests at the Tarragona Cheshire Home in Spain.



International Director Ronald Travers with John, a Resident of the Tarragona Home in Spain



Opening of Cheshire Home in Moscow. Head of Home Yuri Nauman with one of the first Residents. Centre left Foundation Chairman Sir Geoffrey Howlett.



Moscow Cheshire Home opening: Mr Sergei Filatov, Deputy Chairman of the Russian Parliament, holding the commemorative portrait of the Founder with the new Home in the background.



A soulful Russian song by an Afghan veteran, accompanied by his guitar. At left, the Metropolitan Pitirim, who blessed the new Moscow Home.